



Dun Or Tower Tales

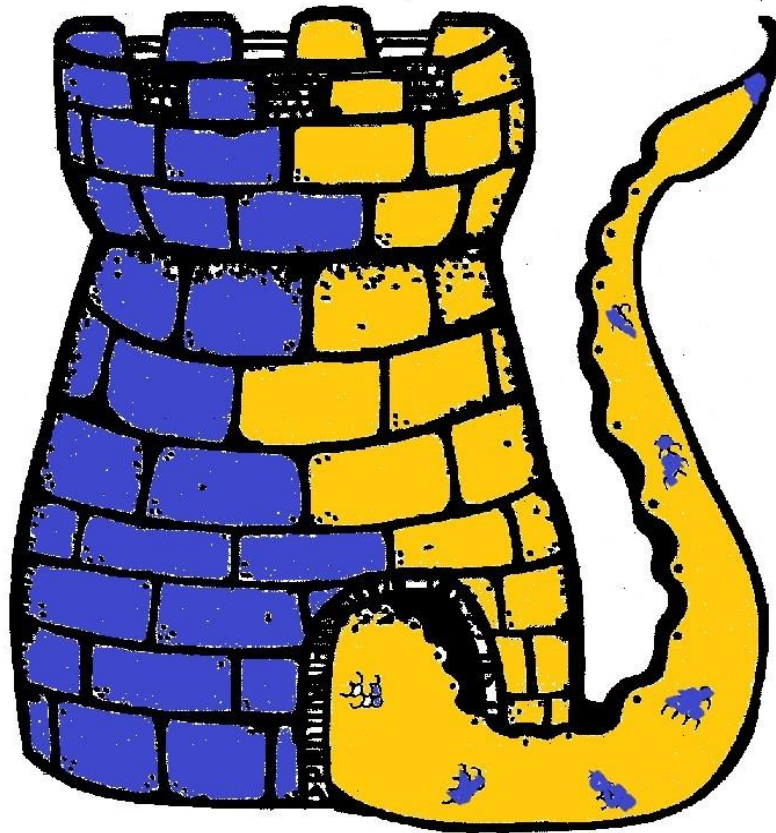


Vol 43.2: May 2024



Barony of **D**un **O**r

Did you know that you can actually be recognized throughout the known world?
Member of the Society of Creative Anachronism



From the Chronicler

To the Populace of Dun Or, I bid Ye Welcome,

Thank you for your world for your article, artwork and photos that you contribute to our local newsletter.

Every year contributors from all over the known world are nominated in various categories for the William Blackfox Awards.

**The Tower Tales wants your
contributions!
Maybe you have an Idea for
a quarterly column you
would like to contribute...
Or photos from fighter/
rapier practice...
Or maybe something awe-
some/funny/ amazingly cool
happened at an event that
you want to share.**

**Send your contributions to
Chronicler.officer@dunor.sca-caid.org**

**Please note that all submis-
sion for the Tower Tales are
due no later than the 20th
of each month for the fol-**

lowing month. Thank you

YIS, Lady Ceri Romani

A letter from the Baron and Baroness

Dearest Baronial Family -

What a wonderful whirlwind our Anniversary was!

To each of you who worked so hard to make our Barony's special day so very special -THANK YOU!

To our beloved Caidan Royalty, Their Majesties Tryggr and Mercedes, and Their Highnesses Sven and Yssbell and their incredible Court and Guard, and Attendants, whose presence made the day so much more special and delightful- THANK YOU! And a VERY special THANK YOU! To His Majesty, who was a wonderful Caer

Bannog for our Murder Goblins! Your gift to the next generation will make for a brighter future...and a bunch of amazing fighters!

To our event steward, Lord Richard who worked *tirelessly* to make sure that all the "i" 's were dotted, and all the "t" 's were crossed, and did a fantastic job coordinating everything - THANK YOU.

To Baron Bjorn who was gracious enough to secure the U-Haul for us, and to make sure all our Baronial equipment made it to the site, to all who endured the cold and wind Friday night to help load our Baronial Equipment and to all those who came out Sunday to help unload - THANK YOU.

To everyone who showed up early to help set up, and who stayed late to tear down - THANK YOU!

To our incredible "Gate Crew" - [Andrew](#) and Aine who were a great "welcoming committee" for everyone who attended the event - THANK YOU!

To Aine whose generous donation of her time at gate made it possible for Sir Baird to pursue his passion on the field for the first time in many years -THANK YOU!

To all those who donated a little extra to help pay for the Non-Member Surcharge for our guests, THANK YOU! Your generosity is truly heartwarming!

To our A&S Officer, Lady Eva who coordinated our A&S Events for the day, and to all those who took a turn at the table, watching over the displays, THANK YOU!

To Lord Richard who coordinated our silent auction - THANK YOU!

To THL Galien Crow and the lovely Lady Ren , who coordinated our fundraiser for the Barony of Naevehjem, THANK YOU!

To our Marshals-In-Charge, Lord Birgir and THL Nafar who did an amazing job in coordinating our martial activities for the day - and to all those who stepped up and helped marshal on the tournament fields, THANK YOU!

To our Lyst Officer, [Azar Parsa](#), and their assistants, Noble Cera, Lady Alianora -who also helped with the field heraldry - and Lady Dagmær THANK YOU!

To our incredible heralds, Lady [Alienor](#) and Lady Ren and to our Lady Aine who did a fantastic job keeping our Baronial court running and running smoothly, and to Lord Fiachra for printing out scrolls - (We Barons & Baronesses can be a handful , y'all!) THANK YOU!

To Lady Eva for our new Baronial Herald's Tabard - THANK YOU! That was -gorgeous- and our heralds looked amazing in it!

To THL Felipe and Lady Eva who once more kept us all well-nourished, with happy tummies with those delicious "Famous Dun Or Tacos" - THANK YOU!

To everyone who contributed to our gift baskets for our Royalty, and to Our Wonderful Guilds, who put together absolutely lovely gift baskets for our champions - THANK YOU!

To Our Murder Goblins, and their parents, and to [Roisin, Angela](#), and Hyoo ([Jonathan](#)) who have for so many years been such an incredible force for good in the lives of Dun Or's treasures! -THANK YOU!

To our Guests, who truly made the day magnificent - THANK YOU! We are so beyond grateful for your love, your support and your friendship! We love you!

To each and every gentle who took the field, or participated in any of the contests to become our Baronial Champions - THANK YOU! We are honored, and humbled to have had such wonderfully noble, chivalric and talented warriors and artisans wish to be our Champions. We would have been honored and delighted to have ANY of you bear the title of Dun Or Champions!

To our past Champions, Duke Adam Makandro , Baron Cristof, THL Galien Crow, ([Jack](#)) and Seamus, the Forester's Son, THANK YOU! You have represented us well, and honorably, and we are so very blessed, and grateful for you, and to you! We love you!

To our newest Champions - His Grace, Duke Adam (Armored Combat), THL Livith Filia Organae (Rapier), Master [Avenel Kellough](#) (Cut and Thrust) , Lady Beatrix Honeybourne (Arts & Sciences) and Zmeev of Dun Or (Youth Combat Champion, and Youth Arts and Sciences Champion) - THANK YOU! We are so very delighted to call each of you our Champion - we couldn't have asked for a more wonderful roster!

To Her Excellency, Baroness Muiriath - THANK YOU! We could never thank you enough for the Award Medallions you created for our Baronial Awards. We will forever be grateful for your service to our Barony, past and present, and are honored to now be a part of your lineage. 😊

CONGRATULATIONS TO ALL OUR BARONIAL POPULACE WHO RECEIVED BARONIAL OR KINGDOM AWARDS! We love you, we are proud of you, and we are forever reminded just how incredible our Dun Or Populace is!

If we have forgotten anyone - we beg your forgiveness! Please know that even if we have forgotten to list your name, we haven't forgotten the great gifts of time and talent you have given us, and we are grateful for all!

We love you, and as always, are so honored and proud to serve you! THANK YOU!

In service, and with love,
Fadi and Ragnait

AWARDS GRANTED AT DUN OR ANNIVERSARY - April 6, 2024 (AS 58)

By the hand of Their Royal Majesties Tryggr and Mercedes

Damakos of Dun Or - Argent Star
Zmeev - Argent Star
Azar Parsa - Award of Arms

Ceri Romani/Lady Tsuru - Dolphin
Aine of Phoenix Glade - Dolphin
Fadl ibn `Abd al-`Aziz al-Qahiri - Lux Caidis

By the hand of Their Excellencies Fadi and Ragnait

Bríg inghean Uatéir - Tower
Richard atte Valeye - Tower
Katana - Keystone (Ella Wahlquist)
Morgan Bjornsson Keystone (Morgan Wahlquist)
Mao of Dun Or - Keystone (Alice Warden)
Makenna the Foresters' Daughter - Keystone
Damakos of Dun Or- Keystone (Asher)
Marya Vladimirovna Novgorodskaya - Baroness' Favor
Justinian of Dun Or - Serpente Vert
Skallagrim Ulfhedinn - Baron's Favor

DUN OR CHAMPIONS – AS 58
Armored Combat – Duke Adam Makandro
Rapier Combat - THL Livith Filia Organae
Cut and Thrust – Master Avenel Kellough
Arts and Sciences - Lady Beatrix Honeybourne
Youth A&S - Zmeev of Dun Or
Youth Combat – Zmeev of Dun Or

Do It Thyself

Thoughts on a Honey and Salt Scrub

Lady Aine of Phoenix Glade

Bathing practices throughout history have been varied, but sometimes a basic idea is just too good to let go fully. Salt has served many purposes, including hygiene and wound care, with the first recorded accounting coming from China circa 2700 BCE. This is a wonderful justification for the classic 'I just want to' logic I actually had in my heart when I tried this recipe. The base recipe was:

2 cups olive oil

2/3 cup honey

½ teaspoon grapefruit essential oil

¼ teaspoon bergamot essential oil

3 cups salt

Sugar (optional)

I first mixed the oil, honey, and essential oils. Next, add the salt in half cup increments until you achieve a texture that is mostly like a wet sand with most liquid absorbed but some not for maintaining the proper texture. Ultimately, I wound up using four cups of salt and one cup of sugar to achieve this. I jarred the salt and left the excess oil in my mixing bowl to add the cup of sugar, topping the jars off with that and the excess oil required. If you enjoy a light scent, the amount of essential oils is sufficient, but if you prefer a stronger scent, add more essential oils in ¼ teaspoon increments.

For things to try differently next time, I would focus on using a lighter scented oil, olive oil is not bad, this is a matter of preference and having a sensitive nose. I would additionally like to try a half and half mix of sugar and salt to see if the texture is better. The salt required a lot more incorporation to achieve a good texture, whereas the cup of sugar used incorporated more easily, and there is perfection somewhere in the middle.

Once this is prepared to your satisfaction, apply to damp skin to help with body exfoliation, but this is far too coarse for your face. Use within four months or assess for mold and throw away at your discretion.

By the Campfire

Clary Sage

Throughout history, spring has had many meanings and markers. From marking the beginning of the new year to marking the beginning of lambing season, one consistency is the preparing and planting the next season's plants. Outside of fields for crops, there were also kitchen gardens that contained culinary and medicinal herbs and spices. One plant that could be found throughout many time periods and locations is at least one variety of sage, commonly clary sage (*Salvia sclarea*). Sage started appearing in writings as early as the 4th century BCE from Theophrastus, with many uses noted. A popular use was for nerves, used as the sensors around the body, and a general cure-all. (Walker 2013, 83) Ingested in tea or posset drink, the leaves and flowers are usable plant parts. Hildegard von Bingen in *Physica* suggests using sage mixed with garlic, chervil, and vinegar as a condiment to assist in encouraging appetite in someone who struggles with hunger. There were also less palatable to modern sensibilities remedies. In *A Choice Manual of Rare and Select Secrets in Physick and Chyrurgery*, those seeking relief for any ache in the joints, sciatica, diseases of the sinews, and pains of the reins and back are directed to take various parts of a fox or badger, combine it with various oils, waters, sage and other herbs, strained to create lineaments for the previously mentioned afflictions. Modernly, clary sage maintains its usefulness in muscatel flavoring and essential oils. Clary sage is hardy in zones 5-9, which includes the Barony of Wintermist. It may be planted in the fall in the warmer areas, but only the spring in colder climates; however, the plants will not flower until the spring regardless. It is a biennial plant, meaning it lives for two years, one year for growth and the second for the flowering and harvest. It requires well-draining soil and medium moisture to flourish. Clary sage is considered self-sowing, so leave a few flowers to seed and you will have an unending cycle of sage in your garden. To practice responsible gardening, ensure that any outdoor plants are not considered invasive before introducing them, clary sage is considered an invasive noxious weed in Idaho and areas of Washington. Southern California does contain clary sage, with pretty purple flowers and functioning as a deer-deterrent, this plant may be a good fit for your garden.

-Lady Aine of Phoenix Glade

From the Barony to THL Same Nafar, Congratulations to vigilant on Master of Defense, and Championship of Starkhafn.



Upcoming Events Local / C.A.F.D

Are you looking for something in Dun Or?

- **Dun Or will be assisting with the St. Jude Fund Raising tournament in the Barony of Angels by hosting a booth, proceeds directly to St. Jude. First weekend of June.**
- **Bear Valley Springs Demo: June 15th, 10am-4pm at Cub Lake in Tehachapi**
- **Festival of the Rose: August 17**, Lancaster United Methodist Church Ave J and 10th. This is a DRY SITE, meaning there is no authorized alcohol on the property or parking lots.
- **Yule: December 7**
- **Dun Or has been awarded 12th Night Coronation in January 2025. We'll need stewards. Altavia has Consort's Championship the following day, and we'll want to coordinate with them.**

Baronial business meeting and social

3rd Sunday each month at the home of our Seneschal and A&S, also available via zoom.

Stay up to date on changes to time, day and location through our Facebook page @ <https://www.facebook.com/groups/BaronyofDunOr/>

Rapier Practice

Fridays 7pm- 10pm at Sgt Steve Owen Park.

Sundays 10:30am-12:30pm at Sgt Steve Owen Park **currently paused.**

Rapier Combat Facebook Page: <https://www.facebook.com/groups/504221109654604/>

Armored Combat Practice

Practice will be held on Thursdays at 6pm, at SGT Steve Owen Memorial Park. Fighters will not meet the Thursdays prior to Fun Or tournament, whether it is the first week or the third week of that month.

Armored Combat Facebook Page: <https://www.facebook.com/groups/1235216873851675/>

Monthly Fun Tournament

First Friday each month at Casa de Trujillo

As a back up date if needed due to cancellations on the first Friday, the third Friday is reserved.

Privately message Baron/Baroness or Seneschal for location.

***** Loaner gear is available and subject to local and SCA COVID Guidelines / policies *****

Stay up to date on changes to time, day and location through our Facebook page @

<https://www.facebook.com/groups/BaronyofDunOr/>

Newcomers Meet and Greet

Monthly Last Sunday at 6pm. **Courson Arts Colony East**

10th St E, Palmdale, CA 93550

Dun Or Guilds

Brewers:

<https://www.facebook.com/groups/395415507929221/>

Weekly open workshop Thursdays at 5pm the Home of Guildmistress Ceri

Tinkerers:

Herbalist: <https://www.facebook.com/groups/532630827280099/>

Foresters: <https://www.facebook.com/groups/126468750376169/>

Cooking:

Do you want a motto for the Barony? Stay tuned online and at our Business meetings to contribute. We'll be generating a Google form to poll the populace, we'd like to keep the quorum to the populace of Dun Or.

Kingdom Calendar:

Saturday, May 4, 2024

Darach Anniversary

Saturday, May 11, 2024

Altavia Anniversary

Saturday, May 18, 2024

Wintermist Anniversary

Thursday, May 23, 2024

Potrero War (Calafia)

Friday, May 24, 2024

Potrero War (Calafia)

Saturday, May 25, 2024

Potrero War (Calafia)

Sunday, May 26, 2024

Potrero War (Calafia)

Monday, May 27, 2024

Potrero War (Calafia)

Saturday, June 1, 2024

All Things (Nordwache)

Saturday, June 8, 2024

Collegium Caidis

Sunday, June 9, 2024

Collegium Caidis

Saturday, June 15, 2024

Carreg Wen Anniversary

Saturday, June 22, 2024

Gyldenholt Anniversary

Saturday, June 29, 2024

Lyondemere Anniversary

Thursday, July 4, 2024

Known World Dance and Music Symposium XIV (Kingdom of the Middle)

Friday, July 5, 2024

Known World Dance and Music Symposium XIV (Kingdom of the Middle)

St. Corrigan's Day (Dreiburgen)

Saturday, July 6, 2024

Known World Dance and Music Symposium XIV (Kingdom of the Middle)

St. Corrigan's Day (Dreiburgen)

Sunday, July 7, 2024

Known World Dance and Music Symposium XIV (Kingdom of the Middle)

St. Corrigan's Day (Dreiburgen)

Saturday, July 13, 2024

Coronation (Lyondemere)

Sunday, July 14, 2024

Privy Council (Lyondemere)

Saturday, July 20, 2024

Consort's Champion Martial Tourney (Isles)

Friday, July 26, 2024

Pennsic

Saturday, July 27, 2024

Pennsic

Summer Arts (Dreiburgen)

Sunday, July 28, 2024

Pennsic

Monday, July 29, 2024

Pennsic

Tuesday, July 30, 2024

Pennsic

Wednesday, July 31, 2024

Pennsic

Thursday, August 1, 2024

Pennsic

Friday, August 2, 2024

Pennsic

Saturday, August 3, 2024

Pennsic

Pirate Tourney (Darach)

Sunday, August 4, 2024

Pennsic

Monday, August 5, 2024

Pennsic

Tuesday, August 6, 2024

Pennsic

Wednesday, August 7, 2024

Pennsic

Thursday, August 8, 2024

Pennsic

Friday, August 9, 2024

Pennsic

Saturday, August 10, 2024

Pennsic

Calafian Rapier Tournament (Calafia)

Sunday, August 11, 2024

Pennsic

Consort's Champion Ranged Tourney (Calafia)

Saturday, August 17, 2024

Festival of the Rose (Dun Or)

Saturday, August 24, 2024

Academia (Nordwache)

Cèilidh (Starkhafn)

Friday, August 30, 2024

Highland War (Al-Sahid)

Saturday, August 31, 2024

Highland War (Al-Sahid)

Sunday, September 1, 2024

Highland War (Al-Sahid)

Monday, September 2, 2024

Highland War (Al-Sahid)

Saturday, September 7, 2024

Crown Tournament (Dreiburgen)

Sunday, September 8, 2024

Privy Council (Dreiburgen)

Saturday, September 14, 2024

Leif Erickson (Calafia)

Saturday, September 21, 2024

Angels Anniversary

Saturday, September 28, 2024

Rapier Open

Tuesday, October 8, 2024

Great Western War

Wednesday, October 9, 2024

Great Western War

Thursday, October 10, 2024

Great Western War

Friday, October 11, 2024

Great Western War

Saturday, October 12, 2024

Great Western War

Consort's Champion EQ Tournament (at GWW)

Sunday, October 13, 2024

Great Western War

Monday, October 14, 2024

Great Western War

Saturday, October 19, 2024

Nordwache Pirate Tournament

Saturday, October 26, 2024

Dreiburgen Anniversary

Sunday, October 27, 2024

Agincourt Tourney & Feast (Altavia)

Saturday, November 2, 2024

Calafia Anniversary

Sunday, November 3, 2024

Harvest Arts (Carreg Wen)

Saturday, November 9, 2024

Naevehjem Anniversary

Sunday, November 10, 2024

Naevehjem Anniversary

Saturday, November 16, 2024

Isles Anniversary

Saturday, November 23, 2024

Calafia Equestrian Championship

Saturday, November 30, 2024

Medieval Market Place (Darach)

Saturday, December 7, 2024

Dreiburgen Yule

Dun Or Yule

Winter Arts (Calafia)

Wintermist Yule

Saturday, December 14, 2024

Angles/Altavia Yule

Lyondemere/Gyldenholt Yule

Nordwache Yule

Saturday, December 21, 2024

Starkhafn Yule

~~Online events and gatherings are still a viable, and active, option here in Dun Or and CAID~~

Please heed all recommendations and edicts from Society and Mundane Authorities! Stay home, take all precautions, and stay healthy - YOU are important, YOU matter, and YOU are a valuable part of our Baronial family!

Please continue to check this newsletter and Facebook pages for more information from the SCA, Inc. Board of Directors, our Kingdom Officials, and our Baron and Baroness as it becomes available.

LONG LIVE DUN OR! LONG LIVE CAID!

Barony of Dun Or Regnum

Baron	Fadi Al-Qahiri	Baron@dunor.sca-caid.org	Ceremonial heads of the Barony and representatives of the Crown
Baroness	Ragnailt inghean Mhaoil Sheachlaim	Baroness@dunor.sca-caid.org	
Seneschal	Richard atte Valeye	Seneschal.officer@dunor.sca-caid.org	In charge of the organization of the Barony and its sub-groups
Arts & Sciences	Eva Goch	AS.officer@dunor.sca-caid.org	Covers Arts, Crafts and Sciences, and people find sources of information and teachers

Deputy Arts & Sciences			
Chatelaine	Jaques Cutlier	Chatelaine.officer@ dunor.sca-caid.org	In charge of introducing new members to the society, group demonstrations and loaner garb for newcomers
Deputy Chatelaine	Ceri Romani		
Chronicler	Ceri Romani	Chronicler.officer@ dunor.sca-caid.org	Produces the Baronial Newsletter (Tower Tails)
Deputy Chronicler			Assists the Chronicler
Constable	Nafar Same	Constable.officer@ dunor.sca-caid.org	In charge of maintaining law & order as well as Lost & Found
Exchequer	Andrew Baird	Exchequer.officer@dunor.sca-caid.org	Handles the financial matters of the Barony
Herald, court	Alienor DClare	Herald.officer@dunor.sca-caid.org	Keeps track of awards, assists with research and registration of names and devices, makes announcements at event and is Master of Ceremonies at Events
Herald, book	Alienor DClare		
Lists	Azar Parsa	Lists.officer@ dunor.sca-caid.org	Organizes fighting order and records results of tournaments.
Knights Marshal	Bergir	Marshal.officer@ dunor.sca-caid.org	In charge or armored combat safety and getting fighters authorized
Rapier Marshal	Nafar Same	Rapier.officer@ dunor.sca-caid.org	In charge or armored combat safety and getting fighters authorized
Deputy Marshal			Assists the Marshal with safety training and authorizations.

Social Media Officer	Aine of Phoenix Glade	Socialmedia.officer@dunor.sca-caid.org	In charge of maintaining the all official Baronial social media sites.
Webright	Phillipe Trujillo	Webwright.officer@dunor.sca-caid.org	In charge of maintaining the Baronial Webpage

“Tower Tails” is a publication of the Barony of Dun Or, and the Society for Creative Anachronism, Inc. (SCA, Inc.). The Tower Tails are available from Lady Ceri Romani at

Chronicler.officer@dunor.sca-caid.org

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(Chronicler.officer@dunor.sca-caid.org).